



DATE: 12th and 13th of May, 2018

PLACE: Pool Fuente de la niña, Guadalajara (8 lanes). 55kms Madrid.

ORGANIZED by: Club Alcarreño de Salvamento y Socorrismo

CHRONOMETRY: Electronic

SESSIONS: Saturday morning and afternoon / Sunday morning

PARTICIPANTS: Athletes by invitation

FORMULA OF COMPETITION: Against the clock

CATEGORIES: Cadet, Youth, Junior and Absolute

- 1st Session morning: 10.30 Warm-up - 11.15 Competition
- 2nd Afternoon Session: 16.15 Warm-up - 17.00 Competition
- 3rd Session morning: 09.15 Warm-up - 10.00 Competition



CATEGORIES	
CATEGORY	YEAR
CADET	2004 - 2005
YOUTH	2002 - 2003
JUNIOR	2000 - 2001
SENIOR	2004 and older

PARTICIPATION

Free registration for all sportsmen and women from the different Clubs, who hold the national license for the current season.

The participation will be according to the established ages.

All duly registered athletes are eligible to participate, when the number of participants is within the series limit established for each event. No registration will be allowed without registered time. Once an athlete has been admitted to the provisional starting list, the changes in the event will not be accepted.

The Organizing Club reserves the right to extend the number of series to include its own athletes who have been excluded.

System of competition by scoring from first place to sixteenth place in the classification by event. In order to be eligible for the general classification, the lifeguard must be registered in a minimum of five races, relays will not score for the individual classifications.

The Club Alcarreño reserves the right to invite lifeguards and Clubs out of competition for this championship. Also, the right of admission to the championship is reserved.

ORGANIZATION

Championship organized by the Club Alcarreño de Salvamento in collaboration with the Federación de Salvamento y Socorrismo de Castilla La Mancha.

The organisation reserves the right to modify these rules, always with prior notice to the participating Clubs and with the consent of the Castilla La Mancha Rescue and Lifesaving Federation. For this reason, if the number of entrants in any of the events is not so high that it could compromise the duration of the competition, the number of series of these events will be increased.



COMPETITION FORMULA

The system of competition will be per elimination and final series. The qualifying rounds may be held on 6 lanes to improve the speed of the competition, the finals will be held on 8 lanes.

Participants will be grouped in the series according to the time of registration, regardless of their year of birth. The finals will be played by category and sex.

The 'unique start' system shall apply.

In order to speed up the sessions and the dynamics of the events, each athlete must appear in the marshalling area three (3) heats before the start of each event. If the Athlete does not attend the distribution of tokens, he or she will be deemed as not presented athlete in such event.

CHANGES

The deadline for presenting the different changes of athletes in the events must be up to 30 minutes before the start of the session.

No substitutions or registration of swimmers will be allowed on the day of the competition.

In order to avoid modifications in the series and to prejudice swimmers who have submitted their subscription to the championship, a monetary sanction of 2 Euros per athlete and event cancellation and 5 Euros per athlete not submitted and evidence of the swimmers entered is established once the list of those admitted to the championship has been published.

SPORTS ARBITRATION

The control of the events is guaranteed thanks to the collaboration of the Castilla la Mancha Rescue and Lifesaving Federation, which will provide the referees in desk, in course and the head of the competition.

This competition will be governed according to the rules of the championship.

SCORES

In order for a swimmer to score in the events, he or she must achieve a position in the top 16 of each event.

In order to qualify for the most complete lifeguard prize, the top 5 positions of the six possible participation tests will be collected.

If an athlete is disqualified in any event, his or her score will be maintained in all other events.

POSITION	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
SCORES	20	18	16	14	13	12	11	10	8	7	6	5	4	3	2	1



PRIZES

Gold, silver and bronze medals will be awarded to the first, second and third place respectively in each of the individual events of each category and sex.

The most complete lifeguard prize will be awarded to the three athletes who achieve the highest total score in the six events of each category and gender.

SPORTS PROGRAM

12th May, Saturday - (Morning session, 11.15 AM)

EVENT Nr	EVENT	GENDER
1	100 OBSTACLES QUALIFIERS	FEMENINE
2	100 OBSTACLES QUALIFIERS	MASCULINE
3	50 FINS QUALIFIERS	FEMENINE
4	50 FINS QUALIFIERS	MASCULINE

12th May, Saturday - (Evening session, 5.00 PM)

Nº PRUEBA	PRUEBA	SEXO
1	100 OBSTACLES FINALS	FEMENINE
2	100 OBSTACLES FINALS	MASCULINE
3	50 FINS FINALS	FEMENINE
4	50 FINS FINALS	MASCULINE

MEDAL CEREMONY EVENTS 1, 2 ,3 y 4

EVENT Nr	EVENT	GENDER
5	50 MEDLEY QUALIFIERS	FEMENINE
6	50 MEDLEY QUALIFIERS	MASCULINE
7	50 TOW QUALIFIERS	FEMENINE
8	50 TOW QUALIFIERS	MASCULINE

BREAK

EVENT Nr	EVENT	GENDER
5	50 MEDLEY FINALS	FEMENINE
6	50 MEDLEY FINALS	MASCULINE
7	50 TOW FINALS	FEMENINE
8	50 TOW FINALS	MASCULINE

MEDAL CEREMONY EVENTS 5, 6 ,7 y 8



13th May, Sunday - (Morning session, 10.00 AM)

EVENT Nr	EVENT	GENDER
9	100 SUPERLIFESAVER QUALIFIERS	FEMENINE
10	100 SUPERLIFESAVER QUALIFIERS	MASCULINE
11	25 MANIKIN QUALIFIERS	FEMENINE
12	25 MANIKIN QUALIFIERS	MASCULINE

BREAK

EVENT Nr	EVENT	GENDER
9	100 SUPERLIFESAVER FINALS	FEMENINE
10	100 SUPERLIFESAVER FINALS	MASCULINE
11	25 MANIKIN FINALS	FEMENINE
12	25 MANIKIN FINALS	MASCULINE

MEDAL CEREMONY EVENTS 9, 10, 11 y 12
TROPHY CEREMONY MOST COMPLETE ATHLETE

MAX HEATS

EVENTS	HEATS
ALL THE EVENTS	12 FEMENINE + 12 MASCULINE

REGISTRATION

The registration form must be sent by the Clubs before the **27th of APRIL at 12.00 hours**, through the e-mail address administracion@alcarrenosalvamento.com.

The model of nominal relationship provided by the Club Alcarreño de Salvamento will be used.

Participants must register with reference of the official event concerned. (Example: For the inscription on 100 meters obstacles, use the mark of 200 obstacles). The registration time is specified in minutes, seconds and hundredths of a second with two digits. (Example: 02:06.45); if any figure is omitted it will be given as 9. The registration table will be sent to PRE-ENROLLED clubs.

For a better organization, the Clubs must send to the Organizing Club the pre-registration form that appears at the end of this document before the **6th of APRIL 2018**. This communication will be made via email administracion@alcarrenosalvamento.com

A general list of all registrations received will be published on **2 May** on the website www.alcarrenosalvamento.com and a period for complaints will be opened until 12 noon on **9 May**. No claims will be accepted after this date. Once this period has elapsed, the definitive composition of the series will be published on the website www.alcarrenosalvamento.com



The registration fee per athlete will be **15 Euros per participating athlete**, for clubs with more than 15 participating athletes the fee will be reduced to 12 € per participant.

The clubs registered in the Fed. Salvamento y Socorrismo de Castilla La Mancha the registration fee will be **10 € per participant**.

The registration fee must be paid at the time of registration by bank transfer to the following account:

HOLDER Account: Club Alcarreño de Salvamento:
BANK SABADELL EN40 0081 0668 7300 0158 1761

The registration fee includes the participation fees and the attendance to the complementary activities (Music Festival) as well as the gift to the participants.

For any information and registration confirmation please call
949210178

ACCOMMODATION

The organization will provide a Travel Agency to facilitate overnight stays as well as information on restaurants in the city.

ALL INFORMATION WILL BE HELD ON THE CLUB'S WEBSITE www.alcarrenosalvamento.com

PRE-REGISTERED TEAMS WILL RECEIVE PERIODIC NEWSLETTERS WITH INFO ON SPEEDLIFESAVING 2018.